



Gandhi Shikshan Bhavan's
Smt. Surajba College of Education
Conducted by Indian Council of Basic Education

Visit Report: Sopan Autistic Center

Date: 5th April 2023

Location: Natwar Nagar BMC School Building, R.K. Singh Marg, Andheri East, Mumbai – 400053

1. Introduction:

On the 5th of April 2023, our college Students had the opportunity to visit Sopan Autistic Center, a non-governmental organization (NGO) dedicated to supporting individuals with autism and developmental disabilities. The center is located in the Natwar Nagar BMC School Building, situated on R.K. Singh Marg in Andheri East, Mumbai.

2. Overview of Sopan Autistic Center:

Sopan Autistic Center, also known as Samarpan, is a renowned NGO in Mumbai that has been working tirelessly for the welfare of individuals with autism and developmental disabilities since its inception. The organization aims to create an inclusive society where individuals with disabilities receive the care, support, and opportunities they deserve.

Sopan Autistic Center provides a range of services, including early intervention, therapy, vocational training, and educational support. They have a team of dedicated professionals who work closely with individuals and their families to improve their quality of life and help them become self-reliant.

3. Visit Experience:

Our visit to Sopan Autistic Center was both informative and inspiring. Upon our arrival, we were warmly welcomed by the staff members who shared insights into the organization's mission, vision, and the services they provide. The visit comprised various activities designed to give us a holistic understanding of the challenges faced by individuals with autism and developmental disabilities and the initiatives taken by the NGO to address them.

3.1 Facility Tour:

We were given a comprehensive tour of the center's facilities, including therapy rooms, classrooms, vocational training workshops, and recreational areas. The center had a vibrant and positive atmosphere, with colorful decorations and well-equipped spaces designed to cater to the unique needs of individuals with autism.

3.2 Interaction with Individuals:

One of the highlights of our visit was the opportunity to interact with individuals receiving services at Sopan Autistic Center. We engaged in various activities such as art therapy, group discussions,

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games. This firsthand experience allowed us to witness the incredible potential and talents of these individuals and understand the importance of providing them with adequate support and opportunities.

3.3 Interactions with Staff:

We had the privilege of engaging in discussions with the dedicated professionals working at the center. They shared valuable insights into the challenges faced by individuals with autism and developmental disabilities and the strategies employed by the organization to support their overall development. It was evident that the staff members were passionate about their work and deeply committed to creating a positive impact in the lives of the individuals they served.

4. Impact and Lessons Learned:

The visit to Sopan Autistic Center left a profound impact on our group. We gained a deeper understanding of the challenges faced by individuals with autism and developmental disabilities and the importance of creating an inclusive society. The dedication and expertise of the staff at the center showcased the transformative power of early intervention, therapy, and vocational training in improving the lives of individuals with disabilities.

We also learned the significance of empathy, patience, and individualized support in facilitating the growth and development of individuals with autism. The visit served as a reminder that every person, regardless of their abilities, deserves equal opportunities to thrive and lead fulfilling lives.

5. Conclusion:

Our visit to Sopan Autistic Center was a remarkable experience that provided us with invaluable insights into the field of autism and developmental disabilities. We extend our heartfelt appreciation to the staff and individuals at Sopan Autistic Center for their warm hospitality and dedication to making a positive difference in the lives of those they serve.